



## Appendix 1: Examples of bullying behaviours

Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc.

Physical aggression

Damage to property

Name calling

Slagging

The production, display or circulation of written words, pictures or other materials aimed at intimidating another person

Offensive graffiti

Extortion

Intimidation

Insulting or offensive gestures

The "look"

Invasion of personal space

A combination of any of the types listed.

### General behaviours which apply to all types of bullying

**Denigration:** Spreading rumors, lies or gossip to hurt a person's reputation

**Harassment:** Continually sending vicious, mean or disturbing messages to an individual

### Cyber

**Impersonation:** Posting offensive or aggressive messages under another person's name

**Flaming:** Using inflammatory or vulgar words to provoke an online fight

**Trickery:** Fooling someone into sharing personal information which you then post online

**Outing:** Posting or sharing confidential or compromising information or images

**Exclusion:** Purposefully excluding someone from an online group

**Cyber stalking:** Ongoing harassment and denigration that causes a person considerable fear for his/her safety

Silent telephone/mobile phone call

Abusive telephone/mobile phone calls

Abusive text messages

Abusive email

Abusive communication on social networks e.g. Facebook/ Twitter/You Tube or on games consoles

Abusive website comments/Blogs/Pictures

Abusive posts on any form of communication technology

## **Identity Based Behaviours**

**Including any of the nine discriminatory grounds mentioned in Equality Legislation** (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community).

Spreading rumours about a person's sexual orientation

Taunting a person of a different sexual orientation

### **Homophobic and Transgender**

Name calling used in a derogatory manner

Physical intimidation, attacks or threats

### **Race, nationality, ethnic background and membership of the Traveller community**

Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background

Exclusion on the basis of any of the above

This involves manipulating relationships as a means of bullying.

Behaviours include:

Malicious gossip

Isolation & exclusion

Ignoring

Excluding from the group

Taking someone's friends away

**Relational**

"Bitching"

Spreading rumours

Breaking confidence

Talking loud enough so that the victim can hear

The "look"

Use of terminology such as 'nerd' in a derogatory way

**Sexual**

Unwelcome or inappropriate sexual comments or touching

Harassment

Name calling

Taunting others because of their disability or learning needs

**Special Educational  
Needs,**

Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying

**Disability**

Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.

Mimicking a person's disability

Setting others up for ridicule